



Camp Alta Mons THINGS TO BRING WITH YOU TO CAMP!

(Please put your name on all articles)

- ___ a positive attitude
- ___ Bible, pen and pad of paper or notebook
- ___ sleeping bag or blankets & sheets adequate for outdoor camping (sleeping bag suggested for 'Home in the Woods' night) and a pillow
- ___ poncho or raincoat
- ___ two pairs of closed toe shoes, one wet, one dry – sandals and flip flops for shower use only
- ___ several changes of clothes including shorts, modest swimsuits, t-shirts, long sleeved warm shirt, long pants, underwear, several changes of socks, rain gear, etc.
- ___ flashlight and extra batteries
- ___ a hat, sunscreen, bug spray
- ___ personal articles: toothbrush, shower items, 4-5 towels
- ___ camera (optional, one time use best type; camera phones **not** permitted)
- ___ balance of your registration fee, if any is due

THINGS NOT TO BRING

- ___ a negative attitude
- ___ no over-the-counter medicines
- ___ radios, cassette, CD players, iPods, **cell phones**, or any other antisocial device.
- ___ alcohol, tobacco products, illegal drugs, knives or weapons, fireworks
- ___ money, valuables of any kind, jewelry, etc.
- ___ food, candy or snacks

BUS SCHEDULE

Bus service is available for parents/guardians who cannot bring children to camp.

WE NO LONGER PICK UP WITHOUT RESERVATIONS

Please call at least one week ahead to notify the office.

Bus service pick-up/drop-off location:

Lincoln Terrace Elementary School

1802 Liberty Road NW, Roanoke, VA

Pickup: 4:45 p.m. -- Sunday afternoon

Depart 5:00 p.m.

Drop off: 6:30 p.m. – Friday evening

Mini-Camp A (July 4-6):

Pick-up: 4:45 p.m. – Sunday afternoon

Depart 5:00 p.m.

Drop-off: 6:30 p.m. – Tuesday evening

Mini-Camp B (July 7-9):

Pick-up: 4:45 pm. – Wednesday afternoon

Depart 5:00 p.m.

Drop-off 6:30 p.m. -- Friday evening

CAMPERS CHECK IN AND OUT

Registration begins at 5:30 p.m. (Campers should be sure to eat supper before arriving at camp)

Closing Celebration at 5:00 p.m. and Pick-up is at 5:30 p.m.

Recommended List

Trail bike

- Loose but not baggy shorts for riding
- Sturdy sole shoe
- Helmet optional (helmets will be provided)
- Riding gloves optional
- Insect repellent

Backpacking Wilderness Skills

- Compass
- Water bottle or canteen
- Boots or sturdy shoes
- Warm and cool weather clothing
- Sleeping bag NOT OPTIONAL
- Backpack (can be provided by camp)
- Knife – small fold blade, 3” or less
- Insect repellent

Canoeing and Kayaking

- Closed toe water shoes or old tennis shoes (required on river)
- Hat (required)
- Sunscreen (required)
- Insect repellent



Stay in touch this summer with One-Way Camper Email!



We are excited to tell you about our partnership with Bunk1.com! Bunk1's secure, easy to use, summer website services let you stay in touch with your camper all summer!

RETURNING PARENTS: If you had an account at this camp last summer, you can continue to use your old username and password. Simply sign in at the link below. The first time you visit the site you will be prompted to update your contact information and re-activate your account.

GET STARTED TODAY

To set up a new account and visit our Online Community:

1. Go to our website at www.altamons.org
2. Click the flashing "Camper Email" button*
3. Click the "Register Now" button
4. Enter your Pre-Approved Registration Code: 9060AM1
5. Fill out all the required information
6. Purchase Bunk Note credits (you will need a credit card)
7. Send an email to your camper!

*If you cannot find this button, go to www.campaltamons.bunk1.com instead and go on to the next step

** For your camper's safety, please do not share the Pre-Approved Registration code above.

FREQUENTLY ASKED QUESTIONS

How do I send a Bunk Note (one-way email) to my camper?

Follow the instructions above except, after registering, simply sign in and click on the Bunk Notes button. Enter your camper's name, select the correct cabin, type your message, and hit the "Send" button.

Why do I have to pay to send Bunk Notes (one-way email)?

Each morning, the Bunk Notes system bundles and sorts the messages for us to print out and distribute to campers. It also protects us from computer viruses and allows us to easily manage these emails. Your payment helps us cover the cost of the system, paper, ink, and labor and, more importantly, frees us to do what

we do best – be with your kids! Bunk Note credits cost \$1 each and are purchased in packs of various sizes.

Can other relatives use these services?

Certainly. Once you have set up your account, you will be able to invite other people to access these services.

What do I do if I lost my username and password?

You can get it online by going to www.Bunk1.com and clicking on the link "Lost Your Password?" (to the left of the page below the sign in button). You will receive an email with your username and password within a few minutes.

QUESTIONS OR PROBLEMS?

Please call Bunk1 at 1-800-216-9472 or go to www.bunk1.com/contact.asp

