



New date
NEW! COLLEGE PREP EVENT: AUGUST 12-14 2010
BEING WHOLY PREPARED FOR COLLEGE"
HOW TO BE A SUCCESSFUL CHRISTIAN COLLEGE STUDENT

This 48 hour event is open to incoming College Freshman and incoming High School Seniors and builds upon the advice of university academics and chaplains. It focuses on managing your Resources to accomplish your Goals through Faith.



Cost: \$50 with a special 1st time event discount of \$15!

When: August 12-14 2010: 6pm-6pm

Location: Retreat Center, Alta Mons

To Register: Register online at www.altamons.org or call the office on (540) 268 2409 for an application (cost includes all lodging, meals, sessions and activities)

Topics include:

- How to be a SUCCESSFUL CHRISTIAN COLLEGE STUDENT
- Setting healthy and realistic goals and expectations
- Accomplishing your Goals through Faith
- Picking a college (high school seniors)
- Financial Management
- Identifying Christian Communities on Campus
- Developing healthy Social Skills, Cooking Skills, Spiritual Life and Academic Skills
- Common mistakes made by college students
- FAQ round table discussion



Itinerary

Thursday (August 12)

- 6:00pm Arrival and Registration
- 6:30 pm Introduction and Session 1
- 9:00 pm Gather around campfire for Vespers and snack
- 10:00 pm Board games/sleep

Friday (August 13)

- 8:00 am Breakfast
- 9:00am Morning Devotion and Morning Session
- 12:00 pm Lunch
- 1:00 pm Afternoon Session
- 2:30 pm Pool Time
- 4:30pm Dinner Preparation by Participants and Food Prep. Session
- 5:30 pm Dinner (Participant Prepared)
- 6:30pm Evening Session
- 7:30 pm Evening Activity
- 9:00 pm Vespers
- 10:00 pm Sleep

Saturday (August 14)

- 8:00 am Breakfast
- 9:00 am Morning Devotion, Morning Session, Lunch Preparation
- 12:00 pm Lunch (Participant Prepared)
- 1:00pm Afternoon Session
- 5:00 pm Worship Service and Closing
- 5:00 pm Pack and Clean Up
- 6:00 pm Depart

*Please note, dinner is not provided Thursday or Friday evening

To Register:

sign up **online** at www.altamons.org
 or **download** application form and mail in
 or **call** to request an application form

2842 Crockett Springs Road
 Shawsville, VA 24162

Office: (540) 268 2409
 Fax: (540) 268 9503
 Email: office@altamons.org

